

Women

100 m	12.70
200 m	26.00
400 m	58.50
800 m	2:14.50
1500 m	4:40.00
400 m hurdles	65.00
Long Jump	5.50
Javelin	40.00

Men

100 m	11.10
200 m	22.50
400 m	49.50
800 m	1:56.00
5000 m	14:59.00
Long Jump	6.80
Hammer	50.00
4x100 m	-

Mix

4x400m	-
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For para-athletes there are no entry standards